

FOOT & ANKLE CENTER OF FRISCO

PODIATRIC MEDICINE AND SURGERY

WWW.DFWFOOT.COM

5375 COIT RD STE #100

FRISCO, TEXAS 75035

Phone: (972) 712-7773

Fax: (972) 712-3134

Horst P. Knapp, DPM, MS, FACFAS

Mojgan Tavakoli, DPM, FACFAS, ABPOPPM

Anthony Brockington, DPM, AACFAS

Rebecca M. Wiesner, DPM, AACFAS

Tarsal Tunnel Syndrome

Do you have burning, tingling, or shooting pain on the bottom of one or, both of your feet? If you do, you could be suffering from tarsal tunnel syndrome.

Tarsal tunnel syndrome in the foot is equivalent to carpal tunnel syndrome in the wrist. The tarsal tunnel is a narrow space on the inside of the ankle next to the ankle bones. It is covered with a thick ligament that protects the structures within. One of these structures is the posterior tibial nerve, which can cause burning, tingling and shooting pain to the bottom of the foot if compressed.

There are many different conditions that can lead to compression of this nerve. Some conditions include but are not limited to flat feet, varicose veins, ganglion cysts, tendinitis, or diabetes.

Have your physician at the Foot & Ankle Center of Frisco evaluate you today if you're experiencing any of the above symptoms. Call today! Same day appointments available 972-712-7773.